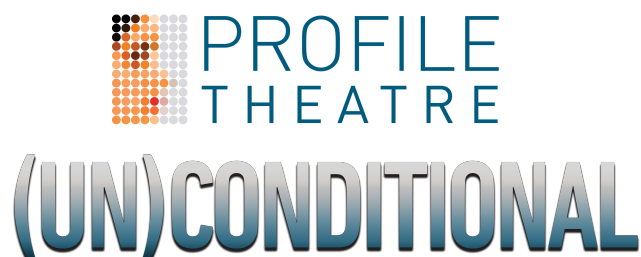


Additional Resources



American Autoimmune Association

The only national nonprofit health agency dedicated to bringing a comprehensive focus to autoimmunity, the major cause of over 100 serious chronic diseases

<https://www.aarda.org/>

American Chronic Pain Association

Offering peer support and education in pain management skills to people with pain, family and friends, and health care professionals.

<https://www.theacpa.org/>

National Domestic Violence Hotline:

1-800-799-SAFE

<https://www.thehotline.org/>

National Eating Disorders Association

NEDA supports individuals and families affected by eating disorders, and serves as a catalyst for prevention, cures and access to quality care.

<https://www.nationaleatingdisorders.org/>

National Fibromyalgia Association

The mission of the National Fibromyalgia Association (NFA) is to develop and implement programs to improve the quality of life for people with fibromyalgia (FM).

<http://www.fmaware.org/>

National Suicide Prevention Lifeline – 24/7 Crisis Hotline

Hotline: 1-800-273-TALK (8255)

Online chat: [Lifeline Crisis Chat](#)

Text line: Text "Start" to 741-741

<https://suicidepreventionlifeline.org/>

ALS Association – Oregon and SW Washington Chapter

The **Oregon and SW Washington Chapter** of The ALS Association provides support and resources for people living with ALS, their families, and caregivers living in the State of Oregon and the six counties of Southwest Washington.

www.alsa-or.org/

American Cancer Society – Oregon

Free programs and services to help manage cancer treatment and recovery and find the emotional support for individuals living with cancer

<https://www.cancer.org/about-us/local/oregon.html>

American Diabetes Association – Oregon and SW Washington

American Diabetes Association's Oregon and SW Washington office is committed to educating the public about how to stop diabetes and support those living with the disease.

<http://www.diabetes.org/in-my-community/local-offices/portland-oregon/>

Multnomah County Caregiver Support Programs

Department of County Human Services - Family Caregiver Support Program and Resources

<https://multco.us/ads/family-caregiver-support-program>

<https://multco.us/ads/free-caregiver-trainings-support-groups-and-resources>

National Alliance on Mental Illness – Oregon

(800-343-6264; 503-230-8009) toll-free Helpline for information about mental health conditions and resources in Oregon.

<https://namior.org/>

A statewide grassroots organization that is dedicated to improving the quality of life for individuals living with mental illness, as well as their families and loved ones.

OAASIS: Oregon Abuse Advocates & Survivors In Service

Individual support, building community, and creating change for survivors of child sexual abuse and their families.

<http://oaasisoregon.org/>

Oregon Coalition Against Domestic and Sexual Violence

Organization representing Oregon's domestic and sexual violence advocacy programs. Engaging diverse voices, supporting the self-determination of survivors, and providing leadership for advocacy efforts.

<https://www.ocadsv.org/>

Parkinson's Resources of Oregon

Parkinson's Resources of Oregon provides support and resources for people living with Parkinson's disease, their families, and caregivers living in Oregon and SW Washington

<http://www.parkinsonsresources.org/>

Washington State Coalition Against Domestic Violence: Friends & Family Guide

<https://wscadv.org/resources/friends-family-guide/>

STORYTELLING AND ARTS ORGANIZATIONS

Well Arts: Heath Hyun Houghton would be the contact: heath.hyun@gmail.com

Write Around Portland: <https://writearound.org/>

Backfence PDX: <https://backfencepdx.com/>

Portland Story Theatre: <https://www.pdxstorytheater.org/>

Geezer Gallery's Community Workshops: <https://geezergallery.com/therapeutic-art-programs/>

Dance for PD Oregon: <https://danceforparkinsons.org/>

The Giving Tree: <http://www.thegivingtreenw.org/>

Portland Creative Art Therapies Association: <http://www.catapdx.org/>

Elders in Action: <http://eldersinaction.org>



Compiled by Profile Theatre

www.profiletheatre.org - 503.242.0080